InBody

[InBody570]

Tampa Rejuvenation
Hormone Therapy | Medical Weight Loss

ID	Height	Age	Gender	Test Date / Time
	5ft. 07.0in.	44	Female	07.23.2014 11:50

Body Composition Analysis

	Values	Total Body Water	Lean Body Mass	Weight
Intracellular Water (lbs)	46.3	75.0	102.5	132.4
Extracellular Water (lbs)	28.7			
Dry Lean Mass (lbs)	27.6			
Body Fat Mass (lbs)	30.0			

Muscle-Fat Analysis

Weight (lbs)	55 70 85 100 115 130 145 160 175 190 205 %	132.4
SMM (lbs) Skeletal Muscle Mass	70 80 90 100 110 120 130 140 150 160 170 %	56.0
Body Fat Mass (lbs)	40 60 80 100 160 220 280 340 400 460 520 %	30.0

Obesity Analysis

BMI (kg/m²) Body Mass Index	10.0 15.0 18.5 21.5 25.0 30.0 35.0 40.0 45.0 50.0 55.0	20.7
PBF (%) Percent Body Fat	8.0 13.0 18.0 23.0 28.0 33.0 38.0 43.0 48.0 53.0 58.0	22.6

Segmental Lean Analysis

Based on ideal weight ▬▬ Based on current weight ▬▬

Right Arm	(lbs)	40 60 80 100 120 140 160 180 200 220 240	4.94
	(%)		102.4
Left Arm	(lbs)	40 60 80 100 120 140 160 180 200 220 240	4.92
	(%)		101.6
Trunk	(lbs)	70 80 90 100 110 120 130 140 150 160 170	44.0
	(%)		100.2
Right Leg	(lbs)	70 80 90 100 110 120 130 140 150 160 170	16.03
	(%)		104.7
Left Leg	(lbs)	70 80 90 100 110 120 130 140 150 160 170	15.90
	(%)		103.8

ECW/TBW Analysis

ECW/TBW	0.320 0.340 0.360 0.380 0.390 0.400 0.410 0.420 0.430 0.440 0.450	0.381

Body Composition History

Weight (lbs)	135.1	134.1	132.4		
SMM (lbs) Skeletal Muscle Mass	57.1	56.4	56.0		
PBF (%) Percent Body Fat	22.8	23.2	22.6		
ECW/TBW	0.383	0.381	0.381		

☑ Recent ☐ Total

Segmental Fat Analysis

▼ | — | ▲

Right Arm	(1.8lbs)	▬	79.6%
Left Arm	(1.8lbs)	▬	79.8%
Trunk	(14.6lbs)	▬	113.3%
Right Leg	(4.9lbs)	▬	81.1%
Left Leg	(4.9lbs)	▬	80.7%

Basal Metabolic Rate

Visceral Fat Level

Level 5 | Low 10 High

Results Interpretation

Body Composition Analysis
The body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Muscle-Fat Analysis
Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis
BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis
Evaluates whether the muscles are adequately developed in the body. In each segment, the top bar shows the comparison of muscle mass to ideal weight and the bottom bar shows that of the current weight.

Body Water Analysis
ECW/TBW is the ratio of Extracellular Water to Total Body Water, which is an important indicator whether the body water is balanced.

Visceral Fat Level
Visceral Fat Level is an indicator based on the estimated amount of fat surrounding internal organs in the abdomen. Maintain a Visceral Fat Level under 10 to stay healthy.

Results Interpretation QR Code
Scan the QR Code to see results interpretation in more detail.

Impedance

Z(Ω)		RA	LA	TR	RL	LL
	5kHz	422.9	428.1	25.9	310.7	316.0
	50kHz	376.4	381.1	22.3	274.4	279.6
	500kHz	328.1	333.0	17.6	240.7	245.2

InBody

[InBody570]

Tampa Rejuvenation
Hormone Therapy | Medical Weight Loss

ID		Height	Age	Gender	Test Date / Time
		5ft. 02.0in.	31	Female	07.18.2014 07:57

Body Composition Analysis

	Values	Total Body Water	Lean Body Mass	Weight
Intracellular Water (lbs)	36.4	58.2	80.0	128.5
Extracellular Water (lbs)	21.8			
Dry Lean Mass (lbs)	21.8			
Body Fat Mass (lbs)	48.5			

Muscle-Fat Analysis

Weight	(lbs)	55 70 85 100 115 130 145 160 175 190 205 %	128.5
SMM Skeletal Muscle Mass	(lbs)	70 80 90 100 110 120 130 140 150 160 170 %	43.0
Body Fat Mass	(lbs)	40 60 80 100 160 220 280 340 400 460 520 %	48.5

Obesity Analysis

BMI Body Mass Index	(kg/m²)	10.0 15.0 18.5 21.5 25.0 30.0 35.0 40.0 45.0 50.0 55.0	23.5
PBF Percent Body Fat	(%)	8.0 13.0 18.0 23.0 28.0 33.0 38.0 43.0 48.0 53.0 58.0	37.7

Segmental Lean Analysis

Based on ideal weight ▬▬ Based on current weight ▬▬

Right Arm	(lbs) (%)	40 60 80 100 120 140 160 180 200 220 240 %	3.64 / 82.5
Left Arm	(lbs) (%)	40 60 80 100 120 140 160 180 200 220 240 %	3.44 / 77.8
Trunk	(lbs) (%)	70 80 90 100 110 120 130 140 150 160 170 %	35.5 / 88.7
Right Leg	(lbs) (%)	70 80 90 100 110 120 130 140 150 160 170 %	11.60 / 83.1
Left Leg	(lbs) (%)	70 80 90 100 110 120 130 140 150 160 170 %	11.55 / 82.8

ECW/TBW Analysis

ECW/TBW	0.320 0.340 0.360 0.380 0.390 0.400 0.410 0.420 0.430 0.440 0.450	0.375

Body Composition History

Weight	(lbs)	128.8	130.0	128.5	
SMM Skeletal Muscle Mass	(lbs)	42.3	43.4	43.0	
PBF Percent Body Fat	(%)	38.5	37.2	37.7	
ECW/TBW		0.379	0.381	0.375	

☑ Recent ☐ Total

Segmental Fat Analysis

▼ | — | ▲

Right Arm	(3.5lbs)	173.9%
Left Arm	(3.5lbs)	180.8%
Trunk	(23.8lbs)	215.4%
Right Leg	(7.7lbs)	151.2%
Left Leg	(7.7lbs)	151.4%
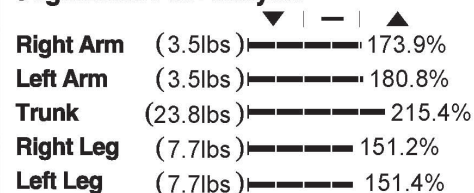
Basal Metabolic Rate

1472 kcal

Visceral Fat Level

Level 10 | Low 10 High |

Results Interpretation

Body Composition Analysis
The body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

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Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

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Visceral Fat Level
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Results Interpretation QR Code
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Impedance

$Z(\Omega)$		RA	LA	TR	RL	LL
	5kHz	513.9	545.1	27.2	380.5	384.6
	50kHz	465.2	500.1	23.8	331.0	334.9
	500kHz	405.2	440.3	18.5	286.6	289.7